



## BAR/BAT MITZVAH FUNDRAISING IDEAS

Your Bar/Bat Mitzvah is an incredibly momentous time in your life and a real celebration for all your family and friends. It is also a time to reflect on how blessed you are to be surrounded by so much love and support. At this time of planning and excitement many of you will also be considering supporting those less fortunate than yourselves and raising money for your chosen charity.

Below is information about Spread a Smile, our cause and how we can support you in your fundraising efforts. For further details about our work and the difference you could make also look at our website [spreadasmile.org](http://spreadasmile.org). For any additional questions or to discuss your plans please email [fundraising@spreadasmile.org](mailto:fundraising@spreadasmile.org). We look forward to hearing from you.

### Spread a Smile

Spread a Smile is a registered charity that brings joy and laughter to, and enhances the well-being of, seriously and terminally ill children and their families during intensive and extended hospital stays.

In 2020, our teams of entertainers, including fairies, magicians, musicians, singers, face painters, poets, therapy dogs and children's characters will make more than 35 hospital visits per month across eight London hospitals including Great Ormond Street Hospital, University College Hospital, the Royal London and Evelina Hospital. Throughout the year we will entertain, delight and brighten the lives of more than 10,000 seriously ill children and teenagers at their bedsides.

You can make more smiles a reality by choosing to support us.

### How we will support you

If you choose Spread a Smile please ask your parents to email [fundraising@spreadasmile.org](mailto:fundraising@spreadasmile.org) or call us on 020 7482 5191 and introduce yourself, tell us about your plans, your address and the date of your Bar / Bat Mitzvah. We can start a conversation which will allow us both to keep updated on your efforts and successes. By return we will send you:

- downloadable links to our fundraising support including our annual report and fundraising resources,
- a fundraising kit which includes a t-shirt, balloons, pens and stickers
- a menu of our services for you to choose what you would like to fund
- post event we will send you a certificate recognising your achievements
- a special message for our young fundraisers prior to your Bar / Bat Mitzvah

We are here to do all that we can to support your fundraising. On the next page we have listed a few initial fundraising ideas for you to play with!



# FUNDRAISING IDEAS

## How to get involved

We've listed a few fundraising ideas below but are aware how entrepreneurial and tech savvy you all are and look forward to hearing your exciting and innovative ideas.

- **Take on a challenge** – challenge yourself to walk, ride, run, dance or swim in either an organised event or one of your making. Get organised and check out activities in your area such as local Park 5Ks, at your local sports club and gym. Ask advice on your training plan, set up a Just Giving page and ask your family and friends for sponsorship.
- **Create & sell** – create an event or a community and make gifts, cards or bookmarks, bake cupcakes or biscuits, make sandwiches or homemade lemonade. Get organised by publicising the date of your event, produce price lists, label your items, send out invitations to friends and family, etc.
- **Have a clear out** – sort out all those unwanted toys, books and clothes and sell them. Get organised by asking family for donations to add to your stock.
- **Get Handy** – offer to do chores for your family eg ironing, car washes, gardening, etc in return for a small payment. Get organised and promote your services with suggested donations.
- **Support our Toy Drive** – every December Spread a Smile delivers gifts to children in hospital over the festive period. Consider using some of the money you raise to provide one gift for a young person of the same age as you. Make it something that you would be delighted to receive (maximum spend £30).

**For further information please contact:**

[fundraising@spreadasmile.org](mailto:fundraising@spreadasmile.org)  
020 7482 5191

