



FAMILY CHALLENGE BINGO

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Take on the **Spread a Smile & Kidadl** Family Bingo Challenge and help spread smiles to seriously ill children and teenagers this summer. Visit [justgiving.com/spreadasmile](https://www.justgiving.com/spreadasmile) to set up your fundraising page. Get started on your challenges at [kidadl.com/articles/spread-a-smile](https://www.kidadl.com/articles/spread-a-smile) now!

Paint someone's face	Make an indoor obstacle course	Smile for a whole minute	Draw a superhero	Do 20 star jumps	Make a collage out of magazine pictures
Go on a family jog	Learn a dance/tiktok	Tell your family your favourite joke	Make your meal look like a smiley face	Make your own board game	Take a family smiling selfie
Perform a song	Staring contest with another family member	Learn a magic trick	Hop on the spot 20 times	Bake Spread a Smile cupcakes	Make a flower crown
Draw and hang a smiley face in your window	Dress up as another family member	Cycle or scoot around your local park	Make a family card game	Write and perform a poem	Sing a song while skipping

BINGO CHALLENGES

1
GOLD SMILE CHALLENGE
 Complete all of the challenges on the board

2
SILVER SMILE CHALLENGE
 Complete all of the pink/blue/orange challenges

3
BRONZE SMILE CHALLENGE
 Complete one challenge from each line



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With the help of our friends at **Kidadl.com** we're encouraging families to spread lots of smiles by taking on an array of fun-packed challenges to support seriously ill children in hospital this summer.

Your family can choose to take on our **Gold, Silver or Bronze** Challenges on our action-packed Bingo Card and help raise much needed funds for Spread a Smile along the way.

Head to **www.kidadl.com/articles/spread-a-smile** for top tips on how to ace your challenges & complete your Bingo Card!

We'd love to see you in action – please tag us in photos and videos of your challenges **@spreadasmileuk** and **@kidadl** and use the hashtag **#smilechallenge** and we will share on.

The first 10 families to complete the **Gold Challenge** and tag us in their photos will receive a personal video message and trick from one of Spread a Smile's fabulous magicians!



£10 could help fund a boredom-busting art & craft pack for a child in hospital, helping to break the monotony of a hospital stay



£50 could help fund an uplifting bedside visit by one of our entertainers to a seriously ill child in hospital, bringing smiles and laughter when it is needed most



£100 could help fund a virtual Smile Party for a child in hospital to enjoy with one of our entertainers and their friends and family at home along with a few surprises

To set up your Spread a Smile Family Challenge fundraising page, visit **justgiving.com/spreadsmile** and click 'Fundraise for Us', and email us at **challenges@spreadasmile.org**. Good Luck!